

The Infant at home

A PARENTING MASTERCOURSE

Your guide to mindfully nurturing your infant of 6-12m

follow
your child



**Little children from the moment
they are weaned, are making their
way towards independence**

-Maria Montessori





This course is designed to help parents prepare themselves, as their child enters the phase of weaning, movement, and hence independence.

In the journey of this course, parents will understand how to follow the lead of their child by observing their baby's interests.

Parents will be able to assist their child's music and language development and understand the importance of a prepared environment





Brief Course Outline

WEEK 1

- The Montessori Lifestyle
- Preparation of the environment - 6m to 1 year, intro to Shelf and Rotation
- Preparation of the Adult
- Gentle Parenting
- The absorbent mind



WEEK 2

- Weaning the Child, Slowly and lovingly (A to Z of Solids from 6-12m)
- Encouraging self-feeding in children below 1, Meal Planning cheat sheet
- Introducing montessori to the family and other caregivers
- Introduction to Sign Language





WEEK 3

- Hacks for Music Development in Babies
- 6 to 12 months - Developmental Materials, toys and beyond
- 15 min Parent-Baby Musical Bonding mini session

WEEK 4

- Sleep routines
- Choosing books and raising a reader
- Reading aloud to your baby
- Encourage baby's movement & language development at their pace
- Play ideas for babies from 6 m to 1 year (Bonus PDF)



A decorative border at the top of the page featuring a repeating pattern of light blue hearts and yellow stars. The hearts are slightly larger than the stars, and they are arranged in a staggered, horizontal line.

TESTIMONIALS

Ankita has been a gateway to understanding montessori upbringing for both my kids. It may sound unbelievable at first that the very foundations of montessori are laid right from the pregnancy. But since I experienced it with my second one, I can't emphasize it enough.

Literally every aspect of postpartum has been better this time, from sleep to even battling bouts of depression. Not an overstatement if I say, this course is a life saver for first time mums.

Sahiba - mommy of Kimaya (4.5 yrs) and Sanay (7 m)

Hi Ankita, I wanted say a MASSIVE thank you for making the mastercourse super fun , packed with info, debunked lots of myths, made us rethink so much conventional wisdom and for empowering us. You are not just a wonderful educator, but have also created such a positive impact and now are our go-to person if we need any info quickly. I think I can say so about all the other expectant mums who attended, because all had a HUGE smile on their faces! Thanks again. Lots of love to you and baby AS.

Falon - mama-to-be



Register Now

DATES

We have **weekend batches** every month, Pre-register to secure your spot

FEES

Rs.4500/-
(see next page for inclusions)

CONDUCTED BY

Ankita Bagri Chandak

Certified Montessori Educator and
Mama to Baby AS





Register Now

INCLUSIONS

The classes will be held
live on zoom

What's included -

- ☐ Course workbook
- ☐ Meal Planning cheat sheet
- ☐ Environment preparation checklist
- ☐ Play ideas for babies guide (6m to 1 year)
- ☐ Notes





About Me

I am a mommy of a baby girl, an engineer and a certified Montessori Educator from Bangalore.

I believe that all children are magical. If we give them the environment they deserve, they can be immensely happy and peaceful.

Through the - Infant at home Mastercourse, I hope to reach out to parents who can nurture their child with love and respect as they learn to be independent.

I hope every parent can understand the importance of the first three years of life and follow the lead of their child, right from the start.



CONTACT US

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